



Perpetual Eucharistic Adoration

An invitation to a personal relationship with Jesus

A Call to Holiness

“Come away by yourselves to a lonely place and rest a while.” Mk. 6:31

We live in an age of advanced technology that puts volumes of information at our fingertips, but this technology also makes great demands of our time. **Time is one of our greatest possessions; hence, one of the greatest gifts we have to give.** Often society tells us that our worth is measured in our productivity. Our time must be employed in “doing.”

The Pope has said: *“I would like to recall the priority of prayer over action since it is on prayer that the effectiveness of action depends. The Church’s mission largely depends on each person’s personal relationship with the Lord Jesus and must therefore be nourished by prayer.”*

“Ours is a time of continual movement which often leads to restlessness, with the risk of ‘doing for the sake of doing.’ We must resist this temptation by trying ‘to be’ before trying ‘to do.’ In this regard we should recall how Jesus reproved Martha: “you are anxious and troubled about many things, one thing is needful.” (Novo Millennio Ineunte, #15, JP II)

We, the laity, per the Second Vatican Council were given the challenge to aspire to be saints in the “universal call to holiness. “ The way of sanctity of priests and religious for centuries was opened to us in developing intimacy with Jesus in the Blessed Sacrament through adoration.

“The Pope heavily emphasizes the intimate personal relationship with Christ as the heart of Eucharistic piety.” (God is Near Us, Joseph Cardinal Ratzinger)

There is a growing and troubling phenomenon that many Catholics are leaving the Church because they are drawn elsewhere by a message of a personal relationship with Jesus . **And yet there is no more personal a relationship with Jesus than where He is in person in the Holy Eucharist, body, blood, soul and divinity.**

How wonderful to experience His Eucharistic Presence fully in order to not take so great a gift for granted. How do we experience Jesus in the Holy Eucharist fully? We offer ourselves with Him to the Father in the Holy Sacrifice of the Mass, by receiving Him in Holy Communion and by adoring Him in the Blessed Sacrament, as He remains with us day and night.

As Pope Benedict XVI states, “In the Eucharist the Son of God comes to meet us and desires to become one with us; Eucharistic adoration is simply the natural consequence of the Eucharistic celebration, which is the Church’s supreme act of adoration.” (Sacramentum Caritatis) He teaches that, “Communion and adoration are indivisibly one.” (God is Near Us, Joseph Cardinal Ratzinger)

This is what Jesus is inviting us to – to get to know Him better by spending a weekly holy hour with Him in the Blessed Sacrament. In fact, Jesus longs to be loved by us as He told Saint Margaret Mary when she was adoring Him in the convent chapel, ***“I thirst with an ardent thirst to be loved in this Blessed Sacrament.”***

Blessed Mother Teresa of Calcutta said, **“The best time you will spend on earth is the time you spend with your Best Friend, Jesus in the Blessed Sacrament.”**